

## Discount ticket application Disabled person

Discount ticket applications for disabled persons are handled at Travel Card service points.

### Applicant fills in

Family name and given names						Identity number		
Address					Postcode		Post office	
Place of domicile								
<input type="checkbox"/> Helsinki	<input type="checkbox"/> Espoo	<input type="checkbox"/> Kauniainen	<input type="checkbox"/> Vantaa	<input type="checkbox"/> Kerava	<input type="checkbox"/> Kirkkonummi	<input type="checkbox"/> Sipoo	<input type="checkbox"/> Tuusula	<input type="checkbox"/> Siuntio
Date ____ / ____ 20____			Signature				Telephone	

### Doctor fills in

**The eligibility criteria for disabled persons' discount tickets approved by the Executive Board of HSL:**

Disabled persons with a chronic disease or injury restricting their mobility. The chronic disease or injury restricting the person's mobility have to meet the following criteria according to the different illness groups:

- ☐ Injury of lower limb, back or spinal cord, at least severe (disability category at least 11 = 55 %)
- ☐ Respiratory or circulatory illness impairing the mobility, at least severe (disability category at least 11 = 55 %)
- ☐ Brain injury or developmental disability, severe (disability category at least 11 = 55 %)
- ☐ Other reason for impaired mobility, at least severe (disability category at least 11 = 55 %)

### Doctor at a health centre, HUS or Jorvi fills in (instructions overleaf)

**The applicant meets the eligibility criteria for disabled persons' discount tickets approved by the Executive Board of HSL.**

Date ____ / ____ 20____	Signature and stamp of the doctor
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### Other doctor fills in

**The applicant meets the eligibility criteria for disabled persons' discount tickets approved by the Executive Board of HSL.**

Date ____ / ____ 20____	Signature and stamp of the doctor
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## Instructions to the doctor

For the residents of Helsinki, Espoo, Kauniainen, Vantaa, Kerava, Sipoo, Siuntio and Tuusula the certificate can be written by a health centre physician, medical specialist or private practitioner. For the residents of Kirkkonummi, the certificate can be written by a health centre physician or a doctor at HUS or Jorvi.

When determining the disability category, disability categories from possible separate injuries cannot be summed up. A combination of several illnesses that do not expressly together affect the person's mobility, do not entitle to a discount.

### Minimum requirement disability categories

**Lower limb, back or spinal cord:** disability category at least 11 (severe insufficiency or severe spinal cord injury)

**Lower limb:** Is able to move only with the aid of walking equipment or short distances at a time, severely motion impaired in many joints, one-sided amputation where the use of prothesis is not possible.

**Back:** Permanent severe postural anomaly, severe deformity of chest or hip, severe spinal stiffness, undressing and dressing have become considerably difficult, severe neurological deficiency symptoms in the lower limbs.

**Spinal cord:** Apoplexies impairing the mobility and independent initiative, spasticity in limbs. Insufficient control of bladder and rectum.

**Respiratory or circulatory illness impairing the mobility:** disability category at least 11 (severe insufficiency)

**Respiratory organs:** Shortness of breath occurs even on slight exertion like walking on flat ground at normal pace, going up the stairs from one floor to another and performing normal household chores.

Slower than normal walking on flat ground possible.

Great variations in peak flow rates and expectation values cannot be reached with medication. Tolerance of physical strain is poor even indoors. The illness limits daily functions. Periods of relapses monthly.

Need of emergency duty and hospital care several times a year.

**Circulatory organs:** Symptoms occur even on slight exertion like walking on flat ground at normal pace, going up the stairs from one floor to another and performing normal household chores. Slower than normal walking on flat ground is possible. People with severe hypertension, whose diastolic blood pressure is continually over 120 despite of properly completed treatment, and who have been diagnosed with complicated organic changes in kidneys, brain or heart.

**Brain injury or developmental disability:** disability category at least 11 (condition resulting from severe brain injury or severe developmental disability)

**Brain:** The primary symptoms of the injury indicate a severe brain injury. Noticeable local or general brain injury is found. Mental symptoms, which can be accompanied with different degrees of neurological deficiency symptoms like paresises and verbal disorders are substantial and detrimental. Epileptic seizures can occur repeatedly in spite of treatment.

**Developmental disability:** Severe developmental disability, autism or other severe disorder in emotional life. Need for daily external help because of a impaired mobility or other neurological disorder. Epileptic seizures occur repeatedly in spite of treatment.

**Other reason for impaired mobility:** disability category at least 11 (severe insufficiency)

Capable of only very light or very restricted moving. In some degree dependent on external help in daily functions.

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